

Mango Strawberry Snow Cones

Yield: 4 servings



Ingredients

- Ice
- 2 mangoes, peeled and chopped
- 1 pint strawberries, hulled and sliced
- 1 lime juiced, plus wedges for garnish

Preparation

Fill a food processor with ice. Process until the ice is very fine, like snow. Add the mangoes and strawberries and pulse to blend. Pile the crushed ice into dessert glasses or dishes and squeeze over the lime juice. Garnish with lime wedges; serve immediately.

Nutritional Information: Amount per serving

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|--------------------------|---------------------|---------------|
| • Calories: 91 | • Protein: 1g | • Sodium: 2mg |
| • Calories from fat: 10% | • Carbohydrate: 22g | • Sugar: 18g |
| • Fat: 1g | • Fiber: 4g | |
| • Saturated fat: 0g | • Cholesterol: 0mg | |

Recipe Courtesy of Tyler Florence